

Adults' Health and Wellbeing Partnership

A meeting of Adults' Health and Wellbeing Partnership was held on Wednesday, 29th January, 2020.

Present: Ann Workman(Chair), Tanya Braun (Sub for Sarah Bowman-Abouna), Andy Copland, Allan McDermott, Julie Parkes, Alan Glew, Natasha Judge, Cllr Mrs Ann McCoy, ACC Lisa Orchard,

Officers: Michael Henderson, Mandy Mackinnon (SBC)

Also in attendance: Sarah McManus (A Way Out), Kamini Shah (PHE)

Apologies: Kate Birkenhead, Emma Champley, Graham Clinghan, Lesley Gibson, Chawla Girish, Steve Johnson, Rachelle Kipling, Chris Joynes, Reuben Kench, Neil Russell, Marc Stephenson, Amanda Steyn, Julie Wilson, Simon Forrest, Karen Grundy, Sarah Bowman - Abouna, Elspeth Devanney, Susan Symmonds

AHP 22/19 Declarations of Interest

There were no declarations of interest.

AHP 23/19 Minutes of the meeting held 27 November 2019

The minutes of the meeting held on 27 November 2019 were confirmed as a correct record.

AHP 24/19 A Way Out - Presentation from CEO Sarah McManus

Members received a presentation about the work of 'A Way Out', which was an outreach and prevention charity, operating across Durham and the Tees Valley; working with some of the most marginalized, vulnerable and isolated client groups.

A Way Out took a non-judgmental approach and forged consistent trusted relationships, taking services to clients.

Members received details of 4 case studies outlining how the Charity had helped individuals.

Services offered by the Charity included:

Interventions, programmes and activities around improving wellbeing.

Advocate to help get clients back into services

Hand hold to appointments and screening.

Bring key services to where the clients are stood.

Personalised plans and support to help achieve goals around health and wellbeing.

Respond to the whole person aware of what their journey looks like.

Strong focus on community.

Rights based approach.

Prevention focus

The Charity worked with Partners across:

Sexual Health

Drug and Alcohol Treatment Providers

Mental Health

Domestic Abuse Specialists

Police

Probation

Housing Providers

Discussion:

- The Blossom Project worked with young women aged 16 – 24 years living in the Stockton area who are at significant risk of poor outcomes due to a range of vulnerabilities and complex needs. A key aspiration of the project is to prevent the exploitation of vulnerability and routes into survival sex work.

- The Liberty Service provided an outreach, engagement and recovery service to sexually exploited women involved in opportunistic and survival sex work.

- it was noted that Adult Social care's role in helping some of 'A Way Out's' clients had been discussed at the Teeswide Safeguarding Board. Some clients didn't meet the threshold for Adult Social Care.

- the Charity was keen to link in with as many partners as possible and contact details would be circulated. Links/ support/ possible joint working was identified in a number of areas:

- North Tees Foundation Trust - information sharing, signposting/referrals
 - the drugs and alcohol service - outreach services
 - the CCG - registration with GPs and access to screening services
 - -the Police - County Line vulnerability tracking
 - Healthwatch - access to GPs and Adult Social Care
 - Public Health England - Dental Health Awareness and access to Dentists.
- the Partnership noted the multiple overlapping issues that 'A Way Out' clients were being supported to overcome.

- Early Intervention was key.
- it was noted that the number and range of services available were difficult for this client group to navigate and services had different assessment forms and criteria. This complex mix could add to the trauma women were experiencing and make them less likely to seek help.
- it was suggested that tracking the journey of a client would help identify any gaps.

RESOLVED that the presentation and discussion be noted/actioned as appropriate.

**AHP
25/19**

JSNA Oral Health

The Partnership considered the completed template relating to the Oral Health JSNA.

From an Adults' perspective the JSNA had identified two strategic issues:

- Vulnerable older people who suffered from motor and cognitive disabilities required support to: maintain good oral hygiene; and assistance to arrange preventive and treatment care to prevent deterioration in oral health.
- Incidence and mortality rates, from oral cancer, in Stockton on Tees, were significantly higher than the national average and trend data showed this had been increasing since 2012.

It was explained that the CQC had recognized that maintaining good oral health was important and this was now an area of focus during their inspections of nursing and care homes. The CQC had indicated that oral health training should be mandatory for staff.

In response, locally, an oral health improvement pathway and programme was being developed in residential and nursing homes. Staff were receiving training to provide dental help. Work was also being undertaken with regard to domiciliary care, and families and carers of vulnerable older people.

It was noted that the CQCs focus had assisted in terms of the engagement of care and nursing homes.

In terms of the higher than average mortality rates, from oral cancer, it was suggested that this was because of the high incidence of heavy smokers (and drinkers), particularly in the more deprived areas of the Borough, together with lower attendance at dentists and GPs, so issues were not always identified at an early stage.

- Partners could assist by helping to spread the message to their client groups of the importance of good oral hygiene and attendance at dentists, even if they use dentures.

RESOLVED that the template, presentation and discussion be noted/actioned as appropriate and the template be approved for publication.

**AHP
26/19 JSNA - Suicide and Self Harm Prevention**

The Partnership received the completed template relating to Self-Harm and Suicide

Members noted some of the work that needed to be undertaken in the Future, including:

- a whole system approach was required to prevent suicide, involving multiple agencies.
- a data sharing agreement was needed to reveal the whole picture and impact of self-harm and suicide on individuals and organisations.

Discussion:

- members noted that self harm could be a symptom of abuse/exploitation.
- it was queried what prevention work was undertaken in schools and colleges etc. It was agreed that details would be circulated to the Partnership.
- work to collect more data was being progressed. It was agreed that information about near misses was very helpful.

RESOLVED that the template, presentation and discussion be noted/actioned as appropriate and the template be approved for publication.

**AHP
27/19 Health Protection Report 2018 - 19**

The Partnership was provided with the Annual Health Protection Report 2018 - 19.

The report outlined the key issues and indicators for Health Protection, for 2018-19.

Health protection sought to prevent or reduce the harm caused by communicable diseases and minimise the health impact from environmental hazards such as chemicals and radiation. As well as major programmes such as the national immunisation programmes and the provision of health services to diagnose and treat infectious diseases, health protection involves planning, surveillance and response to incidents and outbreaks.

There was also a key role for the Environmental Health team within the local authority and the Board was updated with regard to their work including food safety, noise complaints and air quality.

Members briefly discussed:

- the Coronaviruses.
- increased cases of syphilis
- improving uptake of MMR but needs to get to 95%
- procedures for dealing with incidents of listeria. There had been no recent cases in Stockton on Tees.
- Influenza had peaked in January this year and was on its way down.
- there were outbreaks of Norovirus in care homes and lots of support was available to those homes.

The report and presentation detailed the following key areas:-

- Health Protection Arrangements
- Delivering Health Protection
- Prevention – Immunisation and Vaccine Preventable Disease

RESOLVED that the report and discussion be noted.

AHP
28/19 **Forward Plan**

Members considered the Partnership's FP and a number of additional items were identified.